



This is an example of the information that you will receive before your appointment to Pre-Anesthesia Testing before your surgery

Date:

Name:

Surgery Date:

Preop Date and Time:

For this appointment you will need to check in at Clinic 2D in the Duke South Clinics, located on the second floor of Duke University Medical Clinics. This is the same building where you saw Dr. Lad except it is on the second floor. There are no restrictions on eating or drinking before coming in for this visit.

At your Pre-op visit, you will check in with clinic staff and remain in the waiting room until called into an exam room where a nurse will take your vital signs and review health and nutrition, Pre-Op screening, and what to expect on your surgery day. If necessary, labs and/or x-rays will be completed. Time spent in the office may vary. Complicated patients may take several hours due to consults and studies necessary to clear the patient for surgery. Please allow ample time for this appointment.

Very Important Note Regarding Medications:

Please bring with you a list of your current medications and dosages. Stop all anti-inflammatories such as Motrin, Aleve, Advil, Naprosyn, Diclofenac etc. 10 days prior to your surgery. Also stop any Vitamin E, Fish Oil or Ginkgo Biloba 10 days prior to surgery. All Aspirin containing products such as Aspirin, Excedrin, Goody Powders and BC Powders need to be stopped 14 days prior to surgery. These all have some blood thinning and/or cardiac effects. If you take actual blood thinning medications such as Coumadin, Plavix, Lovenox, etc. please notify our office immediately since the ordering physician that started you on this medication must clear you to be able to stop it prior to your surgery.

If you have any other questions concerning your Pre-Op appointment, please call our office at 919.681.4986.

Have a wonderful day!