

SPINAL CORD STIMULATOR

You have undergone surgery on your spine to place a spinal cord stimulator to help reduce your pain. The stimulator placement often requires removal of some bone and muscle so there are specific guidelines that you will need to follow after your surgery. Please read the post-operative instructions that are also included in this mailing very carefully.

It is expected that you will have significant pain after this type of surgery. The pain should gradually improve over the next 8 weeks, but you will have some days which are better or worse than usual. Please keep a positive attitude and have patience while you heal from your surgery.

PROGRAMMING QUESTIONS

Instructions for programming and maintaining the stimulator will be provided by the representative from the spinal cord stimulator company. They are always available to you for these questions. They will provide you with contact information. Please make sure that you have this information readily available after you leave the hospital.