

## Patient Surgical Information

Date: Physician: Nandan Lad, M.D., Ph.D.

Name:

**Date of Surgery:**

Procedure:

Diagnosis:

You are scheduled for surgery at: Duke University Medical Center  
Erwin Road  
Durham, NC 27710  
(919) 684-8111

**Please call Duke University Hospital Arrival Time between 4pm and 7:30 pm the “working day” (M-F) before your surgery date.  
919.684.4718 or 800.382.6238**

Report to the Admitting Office as your first stop at the hospital.  
**Remember to bring your insurance cards.**

**DO NOT TAKE ANY ASPIRIN, ASPIRIN PRODUCTS OR ANTI-INFLAMMATORY MEDICATIONS FOR SEVEN DAYS PRIOR TO SURGERY.**

*(See attached list but this is not a complete listing of all such products).*

**DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT PRIOR TO SURGERY. THIS INCLUDES WATER, HARD CANDY AND GUM.**

On the morning of the operation, you may take your usual medications with one ounce of water. Inform the admitting nurse and anesthesia that you have taken your medications.

Do not wear makeup, nail polish or jewelry. Avoid the use of body lotions or oils the morning of surgery. Deodorant is acceptable.

You will **not** be permitted to drive yourself home from the hospital. You will **not** be permitted to take any type of public transportation home. Please make arrangements for someone to pick you up after you are discharged.

**REMINDER TO PATIENTS WHO SMOKE:** Smoking may interfere with wound healing and/or bone fusion. Please try to stop or cut down as much as possible prior to and following surgery.

If you have any questions regarding your surgical procedure, please do not hesitate to contact our office at 919-681-4986.